

Lunch SEPTEMBER 2017

Monday	Tuesday	Wednesday	Thursday	Friday
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				Cheesy Lasagna w Marinara Sauce, Bread Stick, OR Pizza, Romaine Salad, Ranch Dressing, Fruit, Low Fat Milk
4	5	6	7	8
NO SCHOOL	Chicken Nuggets, WG Roll, Mashed Potatoes, Gravy, Green Beans, Peaches, Low Fat Milk	Hot Dog on WG Bun, Baked Beans, Celery Sticks (1/4 c), Fresh Fruit, Low Fat Milk	Spaghetti w Meat Sauce, WG Bread Stick, Romaine Salad w Tomatoes(1/4c), Applesauce , Low Fat Milk	Breaded Mozzarella Cheese Sticks, Marinara Sauce (3 oz), Potato Wedges, Fresh Melon, Low Fat Milk
11	12	13	14	15
Hamburger on WG Bun, Potato Smiles (3/4 cup), Orange Wedges, Low Fat Milk	Teriyaki Nuggets, Pasta with Marinara Sauce, Celery Sticks (1/4 c), Pears, Low Fat Milk	Tacos w Cheese & Lettuce, Refried Beans, Seasoned Corn, WG Shell, Fresh Fruit, Low Fat Milk	Chicken Smackers, WG Roll, Mashed Potatoes, Gravy, Glazed Carrots, Chilled Fruit, Low Fat Milk	Pizza, Fresh Broccoli w Ranch, Cole Slaw Fresh Grapes, Low Fat Milk
18	19	20	21	22
Chicken Patty on WG Bun, Potato Wedges, Dragon Juice, Fruit, Low Fat Milk	BBQ Pulled Pork OR Rib- be-cue on WG Bun, Baked Beans, Celery Sticks (1/4 c), Peaches, Low Fat Milk	Mini Corn Dogs, Cole Slaw, Fresh Carrots & Ranch, Fresh Fruit, Low Fat Milk	Salisbury Steak, WG Roll, Mashed Potatoes, Gravy, Peas & Carrots, Strawberries, Low Fat Milk	Big Daddy's Cheese Pizza, Romaine Salad w Tomatoes & Ranch, Fresh Fruit, Low Fat Milk
25	26	27	28	29
Cheeseburger on Bun, Potato Smiles (3/4 c), Ketchup, Apple Wedges, Low Fat Milk	Grilled Chicken, WG Roll, Mashed Potatoes, Gravy, Green Beans, Pineapple, Low Fat Milk	Fajitas with Lettuce & Cheese on WG Tortilla Shell, Corn, Refried Beans, Fresh Fruit, Low Fat Milk	Macaroni & cheese(3/4c), Bread Stick, Salsa(1/4c), Steamed Broccoli, Mandarin Oranges, Low Fat Milk	Breaded Fish Fillet on a WG Bun, Oven Fries, Ketchup, Fresh Carrots & Ranch, Mixed Fruit, Low Fat Milk